

BIKE TO WORK DAY

Wednesday, June 24th, 2009

303-458-7665 www.drcog.org



Wondering how you can help the environment and fit more exercise into your day? **Bike to Work Day** is the answer and it's fun! Wednesday, June 24, is Bike to Work Day - mark your calendar. Bike to Work Day is an annual event encouraging people to try a different way of commuting. If you've never commuted by bike before, it's the perfect time to try.

To register, go to www.drcog.org/btwd2009/ and "Register to Participate" and click on "Individual Registration". Search for City of Golden.

Try It!

June 24, 2009



Highlights

- Register by June 8th to get a t-shirt
- Free breakfast stations throughout metro Denver
- Golden stations include: Coors Wellness Ctr, Higher Grounds, Jefferson County Bldg, and Peak Cycles
- Fresh air and seeing a new perspective
- Contributing to Sustainability
- A feeling of satisfaction helping the environment
- Exercise, exercise, exercise!

