## **Golden Community Center Lap Pool**

April 1, 2022 - May 29, 2022

Adult Lap Swim 5:30-5:15 6 Lanes Available	Adult Lap Swim 5:30-8:55 6 Lanes Available	Adult Lap Swim 5:30-5:15 6 Lanes Available	Adult Lap Swim 5:30-5:15 6 Lanes Available		
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6 Lanes Available	6 Lanes Available	6 Lanes Available	6 Lanes Available		Į.
				Adult Lap Swim	Adult Lap Swim
	Water Walking			8:00-3:15	8:00-1:45
	Adult Lap Swim			6 Lanes Available	5 Lanes Available
	10:00-11:15				
	4 Lanes Available				Private Lessons
					9:00-10:30
	Adult Lap Swim				
	11:30-5:30				Pool Closes
	6 Lanes Available				at 1:45pm
				Pool Closes	-
				at 3:30pm	
Adult Lap Swim	Adult Lap Swim	Adult Lap Swim			
5:15-6:45	5:30-6:45	5:15-6:45			
4 Lanes Available	4 Lanes Availabe	4 Lanes Available			
Colden High School	Golden High School	Golden High School			
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	5:15-6:45	Adult Lap Swim 5:15-6:45 4 Lanes Available  Adult Lap Swim 5:15-6:45 4 Lanes Available  Adult Lap Swim 5:30-6:45 4 Lanes Available  Golden High School	10:00-11:15 4 Lanes Available  Adult Lap Swim 11:30-5:30 6 Lanes Available  Adult Lap Swim 5:15-6:45 4 Lanes Available  Adult Lap Swim 5:15-6:45 4 Lanes Available  Olden High School  Golden High School  Golden High School	Adult Lap Swim 11:30-5:30 6 Lanes Available  Adult Lap Swim 5:15-6:45 4 Lanes Available  Adult Lap Swim 5:15-6:45 4 Lanes Available  Adult Lap Swim 5:15-6:45 4 Lanes Available  Golden High School Golden High School Golden High School	Adult Lap Swim 11:30-5:30 6 Lanes Available  Adult Lap Swim 5:15-6:45 4 Lanes Available  Adult Lap Swim 5:15-6:45 4 Lanes Available  Olden High School  Golden High School  Golden High School

## Adult Lap Swimming is available on a first-come-first-serve basis

Swimmers are asked to practice positive lap swim etiquette - sharing lanes will be necessary.

- When entering a lane with another swimmer, please notify them before starting.
- Always swim complete laps of the pool. Avoid stopping in the middle of the pool; this can cause collisions.
- If there are 2 swimmers in a lane, please split the lane in half and stay on your side.
- If there are 3 or more swimmers in a lane, please practice circle swimming.
- Guests wishing to independently water exercise are asked to use lanes 5 and 6.

<b>Pool Closes</b>	Pool Closes	Pool Closes	Pool Closes	Pool Closes
at 6:45pm	at 6:45pm	at 6:45pm	at 6:45pm	at 5:15pm

4/1/2022

## **Additional notes:**

\*\*Golden High School: Monday & Wednesday 5:30-6:45pm 2 Lanes
Tuesday & Thursday 5:15-6:45pm 2 Lanes

## Adult Lap Swimming is for Adult Continuous Swimming Only

\*lap swim is available for those 12 & Under at the discretion of pool management. Adults have priority.

Note: All pool schedules are subject to change at any time due to program and staffing demands

Programming may use lap lanes at any time.

Reservations are required for Leisure (kid) Pool use.

