Fall 2016 - Winter 2017

Dance Arts

Where dance is a positive & fun experience!

Golden Dance Arts offers a full range of classes for ages 2½ years and up. Our professionally trained teachers, lead by DEA Certified Joy Egan, ensure outstanding training for all students. Strong technical training along with many performance opportunities allows our students to grow and learn in a unique and inspiring environment. We offer recreational classes for the once a week student as well as a variety of level classes for the more serious student taking several classes a week. Three annual performances (Spring Show, Holiday Show, Candlelight Walk Performance) along with the New Nutcracker and several other community events allow all students to gain confidence and learn responsibility in a fun and positive place. All performances have an additional fee, but are optional. Performance fees cover entry into the performance for all family members, costumes, props, staff expenses, auditorium expenses, dry cleaning/mending/sewing expenses and other miscellaneous expenses that may occur.

Performances are in December and the end of May or early June each year. Classes are continuous throughout the school year, but new students are always welcome anytime during the year. Students must be enrolled for the full nine months to receive awards. Students must attend classes for all months (September through December) prior to the December show, and the months prior to the June show (January through May/June) in order to perform, or must be approved by the instructor. Students starting late may not be able to participate in the performance unless a costume can be obtained, but all students will be practicing the routine throughout the classes even if they are not performing. All classes are co-ed. Boys are always welcome. We offer summer classes for those students who want to attend year round.

Please note: Parents are asked to sit outside the classrooms and enjoy watching their child through the windows. For those shy 2½ - 3½ year olds, parents are allowed to assist their child until they are comfortable on their own.

Required Dress Code:
- Ballet and Ballet/Tap Combos classes (girls): solid color leotard (black preferably), pink tights and pink leather ballet shoes. Hair must be put up in a bun for girls. Black tap shoes.
- Ballet and Ballet/Tap Combo classes (boys): fitted t-shirt, athletic shorts and black leather ballet shoes. Black tap shoes.
- Jazz classes (girls): Jazz shoes, leotard or fitted t-shirt and Jazz or Capri pants.
- Jazz classes (boys): Jazz shoes, fitted t-shirt, Jazz or athletic shorts.
- Jazz/Hip Hop: Jazz sneakers or converse, black tank leotard, and black sweatpants or leggings.

2016 Fall/Winter Fees:
Min/Max: 4/12 (classes that drop below four during the year will be discontinued)

Classes: 45 minutes - 1 Hour
- $140 Resident/$160 Non-resident. Take $20 off if paying in full for all 14 classes.
- Payment plan for those registering for all 14 classes: $40 Resident, $45 Non-resident - per 4 classes.

Classes: Over 1 Hour
- $240 Resident/$260 Non-resident. Take $20 off if paying in full for all 14 classes.
- Payment plan available for those registering for all 14 classes: $60 Resident/$65 Non-resident - per 4 classes.

2017 Winter/Spring Fees:
Min/Max: 4/12 (classes that drop below four during the year will be discontinued)
**Classes: 45 minutes - 1 Hour**
- $200 Resident/$225 Non-resident. Take $25 off if paying in full for all 20 classes.
- Payment plan for those registering for all 20 classes: $40 Resident, $45 Non-resident - per 4 classes.

**Classes: Over 1 Hour**
- $300 Resident/$325 Non-resident. Take $25 off if paying in full for all 20 classes.
- Payment plan available for those registering for all 20 classes: $60 Resident/$65 Non-resident - per 4 classes.

Recital Fee is $25 for the Holiday Show and $65 for the Spring Show. Performances are optional but students will be learning the performance routines during class time.

**Discounts:**
Discount for students registering for all classes within each season as follows:
- families registering more than one child, additional siblings get the discount
- students taking more than one dance arts class get a discount on the second class
- mature dancers 60+ years old receive the discount
- students paying in full for all classes/months get the discount

One $20/$25 discount per participant is applicable whether it is a full payment discount, an additional child discount, a multiple class discount, or a 60+ year old discount. Discounts are only applicable to those who register for all classes. Check our website for added classes and/or changes at rec.cityofgolden.net.

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**Dance Arts Program**

**Nutcracker Ballet**
Seeking performers ages 4 through adult to be part of our magical production of the Nutcracker. No prior dance experience required. Performances will be held the first weekend of December at The Oriental Theatre. All rehearsals will be on Saturdays at the Golden Community Center. Please contact Tighe Burg for more info at tigheburgler@gmail.com.

**Nutcracker Auditions: Saturday, Sept. 17 at the Golden Community Center**
1 - 1:45 p.m., Ages 4 - 8
2 - 3 p.m., Ages 9 and up

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**Ballet & Tap Combo**
**Age: 2½ - 8 years**
This class introduces the young child to dance in a structured class setting while introducing ballet positions and basic dance terminology. Tap and some tumbling are used to further develop the child’s body awareness and promote muscle and motor skills. Fun routines encourage the students to practice and prepare them for performances. This should be your child’s first structured class.

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**Ballet/Tap with Tumbling**
**Age: 3½ - 5½ years**
The first 15 minutes of class will start in the gym working on basic tumbling techniques followed by the ballet/tap combo class.

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**Pre-Ballet**
**Age: 3 - 5 years**
Students will be introduced to the five elements of dance: body, action, space, time, and energy. They will learn basic positions of arms and feet as well as basic steps, patterns and creative movement. Ballet is the foundation for all dance forms.
**Ballet 1**

**Age: 5 - 8 years**

A bridge from a creative class to a more formal ballet class. Students will learn more complex patterns and steps through barre work, center work and traveling steps across the floor. Focus is on basic terminology, loco-motor movement and coordination. Ballet is the foundation for all dance forms.

**Ballet 2-3**

**Age: 9 - 16 years**

Focuses on body awareness, correct posture, alignment, flexibility and musicality as well as a deeper understanding of concepts such as foot turnout done gradually in order to develop muscles correctly. Dancers will also continue to study terminology, movement and head and body positions. Ballet is the foundation for all dance forms.

**Jazz/Ballet/Tap Combo**

**Age: 6 - 16 years**

This class is for those who have been dancing for several years and are comfortable with the basics. Class will still include ballet and tap fundamentals as well as tumbling and balancing skills. If this is your child’s first time in this age/class, registration must be approved by Ms. Joy (303-795-3183). For those returning, feel free to register without pre-approval.

**Jazz**

**Age: 7 - 13 years**

This class is for those who have been dancing for several years and are comfortable with the basics. If this is your child’s first time in this age/class, registration must be approved by Ms. Joy (303-795-3183). For those returning, feel free to register without pre-approval.

**Tumbling for Dancers**

**Age: 5 - 8 years**

This class is a great addition to your dance classes. Students will be introduced to rolls, handstands, cartwheels and basic tumbling techniques.

**Age: 8 - 12 years**

This class is a great addition to your dance classes. Students will work on balance and strength while working on tumbling techniques. This class will continue to work on rolls, cartwheels and handstands.

**Vocal Music Theater**

Eileen Figliolino leads our vocal music and performing program. She has developed many professional vocalists and dancers in her career which began in Syracuse, NY as a featured vocalist on the radio and on NBC TV for 7 years. She sang with Benny Goodman, Buddy Morrow, Clyde McCoy and The Happy Medium here in Denver. Her students have gone on to perform on cruise ships, Las Vegas, International Productions, Disney World/Land as well as becoming recording artists, choir directors and teachers. Eileen’s classes offer speech presentation, ear training, a variety of musical styles and songs, microphone techniques and most important, the joy of singing. This is a class all children should consider as it will help them gain confidence in their speech and performing skills. Private lessons are also available at $35 per hour. Call Tracy at 303-384-8124.

**Age: 5 - 7 years**

In this class, your child will learn how to present themselves in front of an audience, build confidence in their speaking skills and sing in tune, as well as microphone techniques and movement while singing. Great exposure to a wide variety of music.

**Age: 8 - 12 years**

Your child will learn how to present themselves in front of an audience, build confidence in their speaking skills and sing in tune, as well as microphone techniques and movement while singing. Great exposure to a wide variety of music with a focus on Broadway show tunes.
Jazz/Hip Hop
Come and join in on the fun of Jazz and Hip Hop! All classes start with a great warm up to get our bodies ready to dance, followed by combinations across the floor, and then we dance - old school style and modern street dance along with some stunt and floor work. These classes are high energy and fun, and we hope to see you there!

Begin/Interm Age: 6 - 9 years
We are offering classes for all skill levels. We invite the little kiddos, or dance newcomers to join our Beginner class. This class focuses on the basics of dance, where we hope to inspire, educate and have fun! Beginners and first time students with no or little dance experience are welcome.

Interm/Adv Age: 9 - 16 years
For dancers with a bit more experience we are offering an Intermediate class, where we will take the basics to the next level by mastering moves, increasing coordination and stepping up the level of choreography. Intermediate students: have you danced for 2 years, or more? Around age 8 or older? Come join us!

Adult Ballet
Age: 18 years and older
This class is designed for adults with no previous ballet training or those who have studied in the past and wish to pick it back up. Emphasis is on posture, correct body alignment, proper technique, toning and stretching. Dress comfortably in yoga pants, tights, leotards and/or warm ups.

Adult Jazz
Age: 18 years and older
If you are looking for an energetic and fun way to learn dance, try Jazz. This class will improve your flexibility, strength and balance through this upbeat dance style. Open to all levels including beginners.

Adult Tap - Very Beginners
Age: 18 years and older
This is a great class for those who want to learn to tap but have never tried it or feel they need to start from the beginning. Tap shoes required.

Adult Tap Beginners or Advanced Beginners
Age: 50+ years
This class is designed for everyone that danced as a kid or never had the opportunity to participate in a class. Now is the time to get a great workout and make some noise. The warm and friendly atmosphere makes this a fun and memorable experience for all participants. Classes are ongoing and can be joined any time. Tap shoes required. Performance opportunities are available for this class. There are also optional performance opportunities such as the Holiday Show, Olde Golden Christmas, Buffalo Bill Days, National Tap Day and the spring recital. Tap your way to better health and happiness.

Adult Tap Beginners
Age: 18 years and older
This is a great class for those who want to learn to tap, brush up on your skills, or just want to get started. Tap shoes required. Performance opportunities are available for this class (see Adult Tap Beginners above).

Adult Tap Intermediate
Ages: 18 years and older
If you are comfortable tapping and would love to get together with other tappers, this is the class for you. Dust off those tap shoes and come on in. Performance opportunities are available for this class (see Adult Tap Beginners above).

Class schedule available at guest services or online at rec.cityofgolden.net.

If you do not find a time or a class that works for you, let us know. If you have at least 4 people interested and we have a room and an instructor available, we would be happy to add a class. Call Tracy 303-384-8124.

Dance Shoe & Apparel Exchange
Saturday, Aug. 27 • 10 a.m. - 12 p.m.
South Table Mountain Dance Room
This is a great opportunity to trade sizes or donate outgrown shoes and apparel. New shoes, leotard and tights are available for purchase by calling Joy Egan at 303-795-3183.

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2106-17 Dance Arts Session Dates

Schedules may change. Check online at rec.cityofgolden.net.

2016 Fall/Winter Performance: TBD - either Dec. 16 or 17
Mondays: Aug. 29 - Dec. 12 (No class 9/5 and 10/31)
Tuesdays: Sept. 6 - Dec. 13
Wednesdays: Sept. 7 - Dec. 14
Thursdays: Sept. 8 - Dec. 15
Fridays: Sept. 9 - Dec. 16

No class during Thanksgiving break week, Nov. 21-25.

2017 Winter/Spring Performance:
Saturday, June 3 at Golden High School • Rehearsal - June 2
Mondays: Jan. 9 - May 22 (No class 5/29)
Tuesdays: Jan. 10 - May 30
Wednesdays: Jan. 11 - May 31
Thursdays: Jan. 12 – June 1
Fridays: Jan. 13 – June 2

No class during spring break week, March 27-31.

Teacher’s approval means your child must be able to perform required steps for the class. Evaluations will be conducted by the teacher and the child may be moved depending on skill level.
# Fall/Winter/Spring Dance Class Schedule

<table>
<thead>
<tr>
<th>Activity Name</th>
<th>Activity Number</th>
<th>Age</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Ballet/Tap Combo</strong></td>
<td>34855-01</td>
<td>5 - 7 years</td>
<td>Monday</td>
<td>6 - 6:45 p.m.</td>
</tr>
<tr>
<td>34855-02</td>
<td>2½ - 3½ years</td>
<td>Tuesday</td>
<td>10:30 - 11:15 a.m.</td>
<td>Cancelled</td>
</tr>
<tr>
<td>34855-03</td>
<td>3 - 5 years</td>
<td>Tuesday</td>
<td>11:30 a.m. - 12:15 p.m.</td>
<td></td>
</tr>
<tr>
<td>34855-04</td>
<td>3 - 5 years</td>
<td>Tuesday</td>
<td>12:45 - 1:30 p.m.</td>
<td></td>
</tr>
<tr>
<td>34855-05 (Joy's approval)</td>
<td>6 - 8 years</td>
<td>Tuesday</td>
<td>6:05 - 6:50 p.m.</td>
<td></td>
</tr>
<tr>
<td>34855-06</td>
<td>2½ - 3½ years</td>
<td>Wednesday</td>
<td>12 - 12:45 p.m.</td>
<td></td>
</tr>
<tr>
<td>34855-07</td>
<td>3 - 5 years</td>
<td>Wednesday</td>
<td>12:45 - 1:30 p.m.</td>
<td></td>
</tr>
<tr>
<td>34855-08</td>
<td>6 - 8 years</td>
<td>Wednesday</td>
<td>4:15 - 5:15 p.m.</td>
<td></td>
</tr>
<tr>
<td>34855-09</td>
<td>3 - 5 years</td>
<td>Wednesday</td>
<td>5:30 - 6:15 p.m.</td>
<td></td>
</tr>
<tr>
<td>34855-10</td>
<td>3 - 5 years</td>
<td>Thursday</td>
<td>4 - 4:45 p.m.</td>
<td></td>
</tr>
<tr>
<td>34855-11 (with tumbling)</td>
<td>3½ - 5½ years</td>
<td>Thursday</td>
<td>1 - 1:45 p.m.</td>
<td></td>
</tr>
<tr>
<td>31855-12</td>
<td>3 - 5 years</td>
<td>Thursday</td>
<td>6 - 6:45 p.m.</td>
<td></td>
</tr>
<tr>
<td>34855-13</td>
<td>3 - 5 years</td>
<td>Tuesday</td>
<td>5:45 - 6:45 p.m.</td>
<td></td>
</tr>
</tbody>
</table>

| **Ballet/Tap/Jazz**        | 34840-01        | 6 - 9 years  | Monday  | 4 - 5:30 p.m.     |
| (Joy's approval class)     | 34840-02        | 9 years and older | Wednesday | 6:45 - 8:15 p.m. |
|                            | 34840-03        | 6 - 8 years  | Tuesday  | 4:45 - 6:45 p.m. |

<p>| <strong>Ballet</strong>                 | 34850-01        | 5 - 8 years  | Wednesday | 3:45 - 4:45 p.m. |
| (Tighe)                    | 34850-02        | 11+ years    | Wednesday  | 4:45 - 5:45 p.m. |
|                            | 34850-03        | 3 - 5 years  | Wednesday  | 3 - 3:45 p.m.    |
|                            | 34850-04        | 3 - 5 years  | Friday     | 3:30 - 4:15 p.m. |
|                            | 34850-05        | 5 - 8 years  | Friday     | 4:15 - 5:15 p.m. |
|                            | 34850-06        | 9 - 16 years | Friday     | 5:15 - 6:15 p.m. |</p>
<table>
<thead>
<tr>
<th>Class</th>
<th>Code</th>
<th>Age</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jazz/Hip Hop (Katryn)</td>
<td>34870-01</td>
<td>6-9 years</td>
<td>Tuesday</td>
<td>4:15 - 5 p.m.</td>
</tr>
<tr>
<td></td>
<td>34870-02</td>
<td>9-16 years</td>
<td>Tuesday</td>
<td>5 - 6 p.m.</td>
</tr>
<tr>
<td></td>
<td>34870-03</td>
<td>9-16 years</td>
<td>Thursday</td>
<td>4:15 - 5:45 p.m.</td>
</tr>
<tr>
<td>Jazz (Joy)</td>
<td>34871-01</td>
<td>7-13 years</td>
<td>Thursday</td>
<td>4:45 - 5:45 p.m.</td>
</tr>
<tr>
<td>Vocal Music Theater (Eileen)</td>
<td>34255-01</td>
<td>5-7 years</td>
<td>Wednesday</td>
<td>4 - 5 p.m.</td>
</tr>
<tr>
<td></td>
<td>34255-02</td>
<td>8 years and older</td>
<td>Wednesday</td>
<td>5 - 6 p.m.</td>
</tr>
<tr>
<td>Holiday Show</td>
<td>34811-01</td>
<td>2½ years and older</td>
<td>Dec. 17</td>
<td>1 &amp; 3 p.m.</td>
</tr>
<tr>
<td>Spring Show</td>
<td>14811-01</td>
<td>2½ years and older</td>
<td>Sat. June 3, 2017</td>
<td>TBD</td>
</tr>
<tr>
<td>Tumbling for Dancers</td>
<td>34805-01</td>
<td>5-8 years</td>
<td>Friday</td>
<td>4 - 5 p.m.</td>
</tr>
<tr>
<td></td>
<td>34805-02</td>
<td>8-12 years</td>
<td>Friday</td>
<td>5 - 6 p.m.</td>
</tr>
<tr>
<td>Adult Tap (Joy)</td>
<td>34875-01</td>
<td>18 years and older</td>
<td>Monday</td>
<td>7 - 8 p.m.</td>
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<tr>
<td></td>
<td>34875-02</td>
<td>50 years and older</td>
<td>Tuesday</td>
<td>2 - 3 p.m.</td>
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<tr>
<td></td>
<td>34875-03</td>
<td>18 years and older</td>
<td>Tuesday</td>
<td>7 - 8 p.m.</td>
</tr>
<tr>
<td></td>
<td>34875-04</td>
<td>50 years and older</td>
<td>Wednesday</td>
<td>2 - 3 p.m.</td>
</tr>
<tr>
<td>Adult Jazz (Dani)</td>
<td>34835-01</td>
<td>18 years and older</td>
<td>Monday</td>
<td>11 a.m. - 12 p.m.</td>
</tr>
<tr>
<td>Adult Ballet (Dani)</td>
<td>34847-01</td>
<td>18 years and older</td>
<td>Monday</td>
<td>12 - 1 p.m.</td>
</tr>
<tr>
<td>(Tighe)</td>
<td>34847-02</td>
<td>18 years and older</td>
<td>Friday</td>
<td>1:30-2:30</td>
</tr>
<tr>
<td>Hip Hop (Kenzie)</td>
<td>34860-01</td>
<td>6-10 years</td>
<td>Friday</td>
<td>3:30 – 4:30 p.m.</td>
</tr>
<tr>
<td></td>
<td>34860-02</td>
<td>6-9 years</td>
<td>Friday</td>
<td>4:30 – 5:30 p.m.</td>
</tr>
<tr>
<td></td>
<td>34860-03</td>
<td>9-12 years</td>
<td>Friday</td>
<td>5:30 – 6:30 p.m.</td>
</tr>
</tbody>
</table>