

Golden Community Center West Gym Schedule
Updated 2/1/2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym 5:30am-7am	Open Gym 5:30am-9am	Open Gym 5:30am-7am	Open Gym 5:30am-9am	Open Gym 5:30am-9am	Open Gym 7am-7:30am	Open Gym 8am-9:30am
Pickle Ball 7am-9am		Pickle Ball 7am-9am		Pickle Ball 7am-9am	Adult Basketball* 7:30am-1pm	
	Zumba 9am-9:55am		Zumba 9am-9:55am			
Jazzercise 9:15am-10:45am	Open Gym 9:55am-9pm	Jazzercise 9:15am-10:45am	Open Gym 9:55am-10:45am	Jazzercise 9:30am-10:45am		Sr Women's Bball 9:30am-11:30am
Adult Basketball* 11am-1:30pm		Adult Basketball* 11am-1:30pm	Adult Basketball* 11am-1:30pm	Adult Basketball* 11am-1:30pm		Open Gym 11:30am-6pm
Open Gym 1:30pm-6:30pm		Open Gym 1:30pm-6:30pm	Open Gym 1:30pm-9pm	Open Gym 1:30pm-6:30pm	Open Gym 1:30pm-7pm	
Adult Basketball* 6:30pm-9pm		Adult Basketball* 6:30pm-9pm				
Gym Closes at 9pm	Gym Closes at 9pm	Gym Closes at 9pm	Gym Closes at 9pm	Gym Closes at 6:30pm	Gym Closes at 7pm	Gym closes at 6pm

Open Gym is for all ages. No organized practice or full court activities permitted.

*** Adult Basketball is for ages 18-over only.**

**** The gym is closed during Internal Programming**

Gym schedule may change at any time due to program demand.



Golden Community Center East Gym Schedule
updated 2/1/2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Bootcamp 5:45am-6:45am	Open Gym 5:30am-9pm	Bootcamp 5:45am-6:45am	Open Gym 5:30am-11am	Bootcamp 5:45am-6:45am	Open Gym 7am-7:30am	Open Gym 8am-6pm
Pickle Ball 7am-9am		Pickle Ball 7am-9am		Pickle Ball 7am-9am	Adult Basketball* 7:30am-1pm	
Open Gym 9am-11am		Open Gym 9am-11am		Sr. Women's Bball 9am-11am		
Adult Basketball* 11am-1:30pm		Adult Basketball* 11am-1:30pm	Adult Basketball* 11am-1:30pm	Adult Basketball* 11am-1:30pm		
Open Gym 1:30pm-4pm		Open Gym 1:30pm-4pm	Open Gym 1:30pm-4pm	Open Gym 1:30pm-6:30pm	Open Gym 1:30pm-6:30pm	
Internal Programs** 4pm-5pm		Internal Programs** 4pm-6pm	Internal Programs** 4pm-5:15pm			
Open Gym 5pm-9pm		Open Gym 6pm-9pm	Open Gym 5:15pm-9pm			
Gym Closes at 9pm	Gym Closes at 9pm	Gym Closes at 9pm	Gym Closes at 9pm	Gym Closes at 6:30pm	Gym Closes at 7pm	Gym closes at 6:00pm

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