MILITARY PROTOCOL

POSITION OF ATTENTION

1) BRING YOUR LEFT HEEL AGAINST THE RIGHT HEEL
2) TURN YOUR FEET OUT EQUALLY TO FORM AN ANGLE OF 45 DEGREES. KEEP YOUR HEELS ON THE SAME LINE AND TOUCHING.
3) YOUR LEGS SHOULD BE STRAIGHT BUT NOT STIFF AT THE KNEES.
4) KEEP YOUR HIPS AND SHOULDERS LEVEL AND YOUR CHEST RAISED.
5) YOUR ARMS SHOULD HANG NATURALLY, THUMBS ALONG YOUR TROUSER SEAMS, PALMS FACING INWARD YOUR LEGS, AND FINGERS JOINED IN THEIR NATURAL CURL.
6) KEEP YOUR HEAD AND BODY ERECT. LOOK STRAIGHT AHEAD. KEEP YOUR MOUTH CLOSED AND YOUR CHIN PULLED IN SLIGHTLY.
7) STAND STILL AND DO NOT TALK.

AT EASE POSITION:

SAME AS THE POSITION OF ATTENTION EXCEPT:

1) FEET ARE SPREAD APART ABOUT 30 INCHES, KEEPING THE RIGHT FOOT IN THE SAME SPOT AS IT WAS AT THE POSITION OF ATTENTION.
2) HANDS ARE CLAPPED BEHIND YOUR BACK AND PLACED IN THE SMALL OF THE BACK.
3) THERE IS NO TALKING WHILE AT EASE.

AT REST POSITION:

SAME AS THE AT EASE POSITION EXCEPT:

1) THE RECRUIT MAY TALK.