

MILITARY PROTOCOL

POSITION OF ATTENTION

- 1) BRING YOUR LEFT HEEL AGAINST THE RIGHT HEEL
- 2) TURN YOUR FEET OUT EQUALLY TO FORM AN ANGLE OF 45 DEGREES. KEEP YOUR HEELS ON THE SAME LINE AND TOUCHING.
- 3) YOUR LEGS SHOULD BE STRAIGHT BUT NOT STIFF AT THE KNEES.
- 4) KEEP YOUR HIPS AND SHOULDERS LEVEL AND YOUR CHEST RAISED.
- 5) YOUR ARMS SHOULD HANG NATURALLY, THUMBS ALONG YOUR TROUSER SEAMS, PALMS FACING INWARD YOUR LEGS, AND FINGERS JOINED IN THEIR NATURAL CURL.
- 6) KEEP YOUR HEAD AND BODY ERECT. LOOK STRAIGHT AHEAD. KEEP YOUR MOUTH CLOSED AND YOUR CHIN PULLED IN SLIGHTLY.
- 7) STAND STILL AND DO NOT TALK.

AT EASE POSITION:

SAME AS THE POSITION OF ATTENTION EXCEPT:

- 1) FEET ARE SPREAD APART ABOUT 30 INCHES, KEEPING THE RIGHT FOOT IN THE SAME SPOT AS IT WAS AT THE POSITION OF ATTENTION.
- 2) HANDS ARE CLASPED BEHIND YOUR BACK AND PLACED IN THE SMALL OF THE BACK.
- 3) THERE IS NO TALKING WHILE AT EASE.

AT REST POSITION:

SAME AS THE AT EASE POSITION EXCEPT:

- 1) THE RECRUIT MAY TALK.