February is **American Heart Month**

February 1st, 2013 is *National Wear Red Day*, to help raise awareness of heart disease. Jefferson County Public Health invites you to put on those red shoes, ties, socks, shirts or dresses and gather for a photo at 12:00 pm in the atrium of the Courts and Administration building. Encourage your family, friends, and coworkers to do the same.

Have your picture taken **WEARING RED**! Show up at 12:00 p.m. Friday, Feb, 1st in the atrium of the Courts and Administration Building and be part of this annual February celebration.

*Many of JCPH programs and services work to prevent chronic disease in our communities.*